



The Federation of Middleham (VA) and Spennithorne (VC) CE Primary Schools



Blessed is the one who trusts in the Lord, whose confidence is in him.
They will be like a tree planted by the water that sends out its roots by the stream.
It does not fear when heat comes; its leaves are always green.
It has no worries in a year of drought and never fails to bear fruit.

Jeremiah 17: 7 - 8

A PLACE TO LEARN, LOVE & GROW

Cycle A	EYFS	Year 1/2	Year 3/4	Year 5/6
Autumn	Me and My Relationships Feelings Getting help Valuing difference Recognising and respecting difference Being kind and caring	Me and My Relationships (Y1) Feeling getting help classroom rules Valuing difference (Y2) Being kind Helping others Listening skills	Me and My Relationships (Y3) Cooperation and friendships Valuing difference (Y4) Recognising and celebrating difference (including religions and cultural difference) Understanding and challenging stereotypes	Me and My Relationships (Y5) Feelings Friendship skills, including compromise. Assertive skills Valuing difference (Y6) Recognising and reflecting on prejudice-based bullying Understanding bystander behaviour
Spring	Keeping Myself Safe Asking for help Keeping healthy Staying safe around medicines Right and responsibilities Taking care Making choices	Keeping Myself Safe (Y1) How our feelings can keep us safe Keeping healthy Medicine safety Right and responsibilities (Y2) Cooperation self-regulation	Keeping Myself Safe (Y3) Managing risk Staying safe online Drugs and their risks Right and responsibilities (Y4) Decision about spending money Media influence Making a difference (different ways of helping others or the environment)	Keeping Myself Safe (Y5) Managing risk, including staying safe online Norms around use of legal drugs (tobacco, alcohol) Right and responsibilities (Y6) Earning and saving money Understanding media bias, including social media Caring: communities and the environment
Summer	Growing and Changing Life cycles Girls and boys Being My Best Making healthy choices Being persistent	Growing and Changing (Y2) Being supportive Dealing with loss Life cycles Being My Best (Y1) Keeping healthy Growth mindset	Growing and Changing (Y4) Managing difficult feelings Relationships including marriage Body changes during puberty Being My Best (Y3) Keeping myself healthy Celebrating and developing my skills	Growing and Changing (Y6) Self esteem Keeping safe Body Image Being My Best (Y5) Growing independence and taking responsibility Media awareness and safety

Cycle B		Year 1/2	Year 3/4	Year 5/6
Autumn	Me and My Relationships Feelings Getting help Valuing difference Recognising and respecting difference Being kind and caring	Me and My Relationships (Y2) Feelings/self-regulation Being a good friend Bullying and teasing Our school rules about bullying Valuing difference (Y1) Recognising, valuing and celebrating difference Developing tolerance	Me and My Relationships (Y4) Recognising feelings Bullying Assertive skills Valuing difference (Y3) Recognising and respecting diversity Being respectful and tolerant	Me and My Relationships (Y6) Cooperation Assertiveness Safe/unsafe touches Valuing difference (Y5) Recognising and celebrating difference (including religions and cultural difference) Influence and pressure of social media
Spring	Keeping Myself Safe Asking for help Keeping healthy Staying safe around medicines Right and responsibilities Taking care Making choices	Keeping Myself Safe (Y2) Safe and unsafe secrets Appropriate touch Medicine safety Right and responsibilities (Y1) Looking after things	Keeping Myself Safe (Y4) Managing risk Understanding the norms of drug use (cigarette and alcohol use) Influences Right and responsibilities (Y3) Skills we need to develop as we grow up Helping and being helped	Keeping Myself Safe (Y6) Staying safe online Drugs: norms and risks (including the law) Emotional needs Right and responsibilities (Y5) Decisions about lending, borrowing and spending Rights and responsibilities relating to my health Rights and responsibilities
Summer	Growing and Changing Life cycles Girls and boys Being My Best Making healthy choices Being persistent	Growing and Changing (Y1) Getting help Becoming independent Body parts Being My Best (Y2) Looking after my body Growth mindset	Growing and Changing (Y3) Keeping safe Relationships Menstruation Being My Best (Y4) Having choices and making decisions about my health Taking care of my environment	Growing and Changing (Y5) Managing difficult feelings Getting help Managing change Being My Best (Y6) Managing risk Aspirations and goal setting