



SCHOOL MEALS MENU AUTUMN 2021
ALL PANINIS, SANDWICHES & JACKET POTATOES ARE SERVED WITH VEGETABLES/SALAD/VEG
STICKS AND/OR POTATO OF THE DAY

	WEEK 1 w/c 6 th & 27 th Sept, 18 th Oct, 15 th Nov, 1 st Dec	WEEK 2 w/c 13 th Sept, 2 nd Oct, 1 st & 22 nd Nov, 13 th Dec	WEEK 3 w/c 20 th Sept, 11 th Oct, 8 th & 29 th Nov
M O N D A Y	Beefburger in a Bun with Chipped Potatoes, Peas & Carrots Sliced Wholemeal Bread Or Ham Sandwich ***** Sticky Date & Apple Bars with Custard Fresh Fruit or Fruit Yoghurt	Chicken Wrap with Potato Wedges Sweetcorn & Green Beans Sliced Wholemeal Bread Or Cheese Panini ***** Sultana & Oat Cookie Fresh Fruit or Fruit Yoghurt	Minced Beef & Dumpling with ½ Jacket Potato & Mixed Vegetables Poppy Seed Bread Or Tuna Sandwich ***** Chocolate Crispy Fresh Fruit or Yoghurt
T U E S D A Y	v Macaroni Cheese with Green Beans & Sweetcorn Crusty Bread Or Tuna or Cheese Jacket Potato ***** Custard Cookie with Fruit Fresh Fruit or Fruit Yoghurt	Pasta Bolognese with Mixed Greens & Carrots Garlic Bread Or Chicken Mayo or Cheese Jacket Potato **** Orange Shortbread Fresh Fruit or Fruit Yoghurt	v Vegetable Sausage in a Bun with Peas & Sweetcorn Herby Bread Or Chicken & Tomato Panini ***** Fresh Fruit or Yoghurt
W E D N E S D A Y	Roast Chicken with Sage & Onion Stuffing & Gravy Roast Potatoes Medley of Vegetables 50/50 Bread Or Baked Bean Jacket Potato ***** Fruit Muffin Fresh Fruit or Yoghurt	Sausage Toad in the Hole with Onion Gravy Creamy Mashed Potatoes Broccoli & Swede Herbie Bread Or Egg Mayo Sandwich ***** Fruit Mousse Fresh Fruit or Yoghurt	Roast Pork Loin with Apple Sauce & Gravy Creamy Mashed Potatoes Broccoli & Carrots 50/50 Bread Or Cheese Sandwich **** Forest Fruit Roly Poly & Custard Fresh Fruit or Yoghurt
T H U R S D A Y	Mexican Tortilla Boats with Savoury Rice, Carrots & Broccoli Pitta Bread Or Cheese Panini **** Fresh Fruit or Fruit Yoghurt	v Cheese & Onion Quiche with Diced Potatoes, Crunchy Veg Sticks Apricot Seed Bread Or Ham Sandwich *** Apple & Berry Crumble & Custard Fresh Fruit or Fruit Yoghurt	Chicken Korma & Rice with Green Beans & Cauliflower Naan Bread Or Baked Bean Jacket Potato ***** Fresh Fruit or Fruit Yoghurt
F U N F R I D A Y	Salmon Fish Cake with Chipped Potatoes, Baked Beans & Peas HM Wholemeal Bread Or Cheese & Tomato Pizza ***** Chocolate Banana Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	Fish Fingers with Tomato Ketchup & Chipped Potatoes Carrots & Peas Pumpkin Seed Bread Or Cheese & Tomato Pizza ***** Fruit Shortcake Fresh Fruit or Fruit Yoghurt	Harry Ramsdens Battered Fish with Chipped Potatoes Peas & Sweetcorn Sunflower Seed Bread Or Cheese & Tomato Pizza **** Iced Swiss Bun Fresh Fruit or Yoghurt

