



Blessed is the one who trusts in the Lord, whose confidence is in him.
They will be like a tree planted by the water that sends out its roots by the stream.
It does not fear when heat comes; its leaves are always green.
It has no worries in a year of drought and never fails to bear fruit.

Jeremiah 17: 7 - 8

14th January 2022

Dear Parent/Carer,

Relationships, Sex and Health Education – Parent Consultation

It is a statutory requirement for primary schools to deliver relationships and health education. The DfE strongly encourages primary schools to deliver sex education to help prepare children for their transition to secondary school and later life. You can read about the statutory requirements here:

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

At The Federation of Middleham (VA) & Spennithorne (VC) CE Primary Schools we teach about relationships, sex and health education (RSE) as part of our Personal, Social, Health and Economics Curriculum (PSHE). We have been reviewing our current PSHE & RSE Policy and have taken the time to look at a wide range of teaching resources and have decided to adopt the leading children's health and wellbeing charity, Coram Life Education (CLE) resources and Busy Bodies resources to support us in meeting the legal requirements.

More information about Coram Life Education and Busy Bodies can be found on their websites:

Research shows that RSE has a protective factor when it comes to safeguarding children. The best way to safeguard children is to ensure that they receive information on naming parts of their body, knowing the difference between appropriate and inappropriate touch, and having the skills and confidence to find and talk to a trusted adult to report any abuse.

Research now shows that children with better health (including mental health) and wellbeing are likely to achieve better academically, our PSHE & RSE curriculum incorporates mental health and wellbeing as a core aspect. By learning about positive relationships, respect for themselves and others, and behaving appropriately and safely online, they are better able to enjoy their friendships and therefore focus more at school.

We would value your feedback on the resources (information about both resources can be found below). A copy of the PSHE & RSE policy is attached with this letter.

www.coramlifeeducation.org.uk

[Education on puberty for 10-14yrs old: Busy Bodies Programme - Free Social Work Tools and Resources: SocialWorkersToolbox.com](#)

Please take a few minutes to complete the following questionnaire:

<https://forms.office.com/Pages/ResponsePage.aspx?id=kWTAG2uH-U62cOLYRCHjOG1ucnj3U0ZMkvnkkjFA4c5URjBGVFRFNklwWFpJV01LQzhEOFFZMkQ5Wi4u>

Please send us your feedback by Friday 21st January 2022.

We recognise that parents play a vital part in their child's RSE, and we encourage you to discuss these themes with your child at home as well. If further advice or support is required, or if you have any questions about the programme, please don't hesitate to speak to your child's class teacher or myself.



Yours sincerely

A handwritten signature in black ink that reads "Mrs Mann". The letters are cursive and connected, with a large 'M' and 'M'.

Mrs Marie Mann
Executive Headteacher