



R.E. How can following God bring freedom and justice? God is everywhere, why go to a place of worship? (Places of worship - Christians, Hindus and Jewish people) Science Animals including humans The circulatory system, heart and	EnglishThe Explorer by Katherine Rundell. Writing outcome: Narrative adventure, character profiling, creating atmosphere, dialogue.Image: Content of the second seco	Art and Design Still Life. Drawing from still life and making memory boxes. Design and Technology Structures – design and make a bridge! What could be healthier? Looking at locally sourced foods. French Visiting a town in France. French sports and the Olympics 2024!
function of blood. Maths Decimals and percentages Converting units, Measures, algebra (Y6) Geometry, ratio (Y6) Statistics Computing Selection In Quizzes Exploring selection in programming to design and code an interactive quiz. Software - Scratch Sensing Designing and coding a project that captures inputs from a physical device.	Music Musical Theatre. Wisical Theatre. History Local History study: Middleham Castle: Richard III, hero or villain? Middleham Castle – development of Middleham over time, the story of Richard III and his legacy in Middleham.	PSHE Frowing & Changing (Year 5 & 6) How are they feeling? Taking notice of our feelings Dear Ash Growing up and changing bodies Changing bodies and feelings Help! I'm a teenager - get me out of here! Being my best This will be your life! Our recommendations What's the risk? (1)

Geography Is climate change impacting trade and the economy around the world? Where do our clothes come from ? What are Britain's main exports and imports? What is fair trade?		What's the risk? (2) Basic first aid, including Sepsis Awareness Five Ways to Wellbeing project	
---	--	--	--

PSHE Overview — Please note an additional letter will be sent out later in the summer term to give more detail to parent/carers about the Relationship and Sex Education content. This can also be found in our PSHE Policy on the school website: <u>https://fed-mas.n-yorks.sch.uk/wp-content/uploads/2024/01/Policy-FEDMAS-PSHE.pdf</u>

Growing & Changing – Year 5

Key questions

Managing Difficult Feelings Why do people have good and not so good feelings? Is resilience the same as confidence? Can someone develop confidence or resilience? How? Does having resilience help people with their feelings? **Managing Change** What different changes can someone experience? Does change cause strong emotions? Does preparing for change help? How might preparing for change help someone to cope with it? What might help someone cope with these strong emotions? Getting Help Does the body feel differently when someone may need help? When might someone need help? What advice would you give to someone who needs to get help?

What makes someone a trusted

adult?

Key vocabulary

respect wellbeing trust hormones mood swings confidential confidence resilience puberty crush embarrassed menstruation unwanted attention separation unwanted touch period products

I can ...

I can explain what resilience is and how it can be developed.

I can list ways that I can prepare for changes (e.g. to get the facts, talk to someone).

I am able to identify when I need help and can identify trusted adults in my life who can help me.

Growing and Changing – Year 6

Key questions

Keeping Safe What secrets can be kept private? Why? Are there secrets that should be shared? Why? Who should some secrets be shared with? **Body Image** What physical changes happen during puberty? How might someone feel when their body changes? Do emotional changes happen during puberty? Why? How can a person feel better about their body changing? Self-Esteem What can affect the way someone feels about themself? What can someone do or say to feel good about themself? Do words affect someone as much as actions? How?

Key vocabulary

media manipulation puberty sexual intercourse discuss confidential online safety self esteem right to privacy age of consent stereotype peer pressure uncomfortable physical changes body image emotional changes in confidence sharing online

I can ...

I can give an example of a secret that should be shared with a trusted adult.

I can tell you some emotional changes associated with 'puberty' and how people may feel when their bodies change.

I can give examples of other ways in which the way a person feels about themself can be affected (e.g. images of celebrities).

Key questions

Aspirations and Goal Setting Do goals and aspirations need a plan? Are problems, challenges and barriers part of achieving goals? How can problems, challenges and barriers be overcome? Managing Risk Are risks physical or emotional? How can a risk be emotional? What can someone do to reduce

in someone do to re or remove risk?

Key vocabulary

give connect influence be active assessing risk problems choices goal setting overcome vaping practise media aspirations take notice (mindful) weigh up achieve challenges perseverance keep learning (get creative)

I can ...

I can tell you how I can overcome problems and challenges on the way to achieving my goals.

I can give examples of an emotional risk and a physical risk.