



Curriculum Grid Birch Class Summer Term 2024



PSHE

Growing and Changing

Key questions

Getting Help

What is a trusted adult?
Which adults at home can you ask for help?

Which adults at school can you ask for help?

Becoming Independent

What can you do now, that you couldn't do as a baby?
What can you do now, that you couldn't do as a toddler?
What can you do now, that you couldn't do last year in Reception?
What are you still learning to do?

Body Parts

Which body parts are on the inside?
Which body parts are on the outside?
How do different body parts work?
Are girls' and boys' bodies the same?
Which parts are different?

Key vocabulary

adult heart
brain stomach
trusted growing
lungs vulva
penis learning

I can ...

I can identify an adult I can talk to at both home and school. If I need help.

I can tell you some things I can do now that I couldn't do when I was a toddler.

I can tell you what some of my body parts do.

PSHE

Being my best

Key questions

Looking After My Body

How do we get energy?
What parts of the body turn food into energy?
What do we need to do to stay healthy?

Why do we need to keep doing certain things to stay healthy?

Growth Mindset

What can you do if you find something difficult?
Which goals have you set to help yourself?
Does setting a goal help with your learning? How?

Key vocabulary

achieve germs injection
rest choices brain soap
vaccination choose water
large intestine healthy
lungs stomach energy learn
food small intestine
exercise oxygen teeth

I can ...

I can name different parts of my body that are *inside* me and help to turn food into energy. I know what I need to get energy.

I can explain how setting a goal or goals will help me to achieve what I want to be able to do.